#### **GENESIS HOUSE**



#### A Place to Grow

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# The Genesis Journal

#### Volume 14, Issue 2

July 2007

# **INSIDE THE JOURNAL...**

#### HIGHLIGHTS:

#### JULY EVENT REMINDERS

July 5th — Recipients Rights Lunch Visit July 9th — 4:00 Employment Dinner at Bennigans July 17th — 19th MAC camping July 26th — Consumer conference in East Lansing, MI July 21st — Ann Arbor Art Fair -See page 10 for the full events calendar!

# Lead Story: Walk-a-thon Results by Bea Eldridge

Our Walk-a-Thon was a great success! This is our sixth annual Walk-a-Thon. As you know May is Mental Health month, so we at Genesis House and all the member's couldn't wait to get started. To get our first day going, we had a visitor "Clayton Klein" walk with us. We walk every day at lunch time and we keep walking all year. Many of us really enjoy walking on a regular basis. We get to see fellow members in a different way and you learn more about a person when you walk together, just being out in the community.

We also made out a map of around Fowlerville; we mapped out a 1 mile, ½ mile, and 1/4 mile route. Everyone picks the one they can walk.

The results of our Walk-a-Thon were great. They were as follows, the goal was to raise \$1,000 and we were able to raise \$1,026.00. Our goal for miles was 200 miles, and we walked 237miles. The goal for number of participants was 40, and we had 47 walkers. So we went over all of our goals.

of our goals. We appreciate the generosity of all of our donors. Thank you for standing by Genesis House.

#### Page 2

#### The Genesis Journal

### EMPLOYMENT UPDATE by Mike Leahy

This summer has proven to be a busy time both for working members and for everyone on the Employment and Administration Unit (EAU). The clubhouse continues to provide many valuable opportunities for members who are interested in gaining or maintaining employment.

Our total number of Transitional Employment (TE) positions is now at six. The two newest positions are at Leppek Nursery in Brighton as Nursery Assistants. We also have one position at McDonalds and a clerical position at Asahi Kasei, a plastic



Tom and Talena working at Leppek production facility in Fowlerville. Lastly, we have two Community Mental Health positions; one as the Transitional Apartments cleaning assistant and one as a courier for inter-office mail.

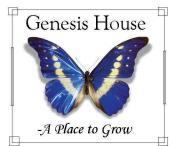
Members who are inter-

ested should check out the "Transitional Employment" board in the EAU area to see who the placement managers are for the TE. The most important factor in choosing a member for a TE is motivation to work. A good way to demonstrate that you are motivated to work is through clubhouse involvement and by speaking to the appropriate placement manager. Tom and Talena, the members selected for the new Leppek TE, have gotten great reviews from their bosses. The work can be very physical at times but the

clubhouse is proud of Tom and Talena's hard work and commitment. Great job you two!

Feel free to stop by the EAU at any time if you want to learn more about the TE program or if you have other employment questions. Remember that we are continuing to meet with members daily at 2:00 to talk about employment assistance. Whatever kind of employment help you need, Genesis House is here to support you. Stop by soon!

#### **GENESIS ADVISORY BOARD** by Claudia Gillenwater



The Advisory Board at Genesis Clubhouse meets once a month, usually in the middle of the month. The discussion is mainly on job development, what is going on at the clubhouse, and our goal toward ICCD certification. The Advisory Board helps with job development through their contacts in their Community. They also help with Advocacy and brainstorming fund-raising

ideas.

Advisory Board members include Bea Eldridge, Donna Coleman, Claudia Gillenwater, Mike, and Lee; as well as many community members. They include Jody Bucholz of Mi Works and Ross Learning, Everett DeGrush of the Fowlerville Police Department, Larry Newberg of CMH, Karen O'Connor from MRS, Dennis O'Brien from the CMH Board, Pastor Dick Schroder from St. John's church in Fowler-

ville., Bill Sleight from Mi Works!, Nancy Sauvage, retired postmaster, and Dave Teggerdine, retired politician.

We want to thank the Advisory Board so much for devoting their time and energy to our Clubhouse. The next meeting of the Advisory board will be Thursday July 12, 2007.

#### GARDEN GROWS! by Karen H.



Our pots in the back are looking beautiful

garden is bumper crop of the most delicious strawberries ever. We weeded and netted, the sun shone, the rain fell and in June we began enjoying the tasty fruits of our labor. In July we'll harvest

The word on the

raspberries and in August, tomatoes.

Downsizing was the plan for the

2007 garden. We wanted to keep it simple and grow what we know. Since strawberries and raspberries are perennial, we only needed to plant the tomatoes.

To fill up the rest of the tilled space we planted a flower garden. Look for sunflowers and cosmos near the daisies that grow under the apple tree. Also check out the beautiful blooms that are spilling over the edges of our planter boxes. Stop and smell the roses. They were selected many gardens ago for their fragrance as well as their beauty.

A special thanks to everyone who braved the hard work and mosqui-

toes (also a bumper crop) so that we could share in a taste of fruit off the vine, amidst the flowers.



Our raspberries are ripe for picking

# **GENESIS HOUSE NEWS**

#### Page 3

#### **GENESIS HOUSE IN THE NEWS** by Marta R.

It's great that we had an article in the "Fowlerville News & Views". It came out on May 14<sup>th</sup>. Susan Parcheta is the person that wrote our letter in the paper so we thank her very much.

We made our goal of a little over \$1000.00 which will be put to good use. Every year it's getting better & better. We are very excited about the outcome. This is our 6<sup>th</sup> year. Clayton Klein, former Fowlerville businessman & adventurer also known nationally for his recent treks walking from Paradise in Michigan's Upper Peninsula to downstate to Hell Michigan & on to the Ohio Border. Since walking offers such great overall health now we regularly walk all year round. There really is a connection with physical health as well as mental health they both go hand & hand.

The article also highlighted other activities going in Genesis House including the positive goals in the Transitional Employment Program.

A Genesis House goal is to have half the Clubhouse members working at any time that we choose for the recovery process when the person feels ready. Work is a very important part for what we do at GH because it enriches our lives for the better.



GH Members and Staff on their daily walk

"TE" works very well. The positions are usually six to nine months long. The work experience helps the selfconfidence that we should have.

There are many activities & events giving the members the opportunity to work together either in the Clerical Department or in the kitchen area where the meals are prepared.

#### **CHANGES STEM FROM DEFICIT REDUCTION ACT**

In the past year the federal government has begun reviewing the Medicaid expenditures under the Deficit Reduction Act. The purpose of the act and subsequent reviews is to reduce the federal deficit by decreasing Medicaid expenditures. As a result, reviewers are looking at specific expenditures and are targeting costs associated with services that are not part of the scope of the services we are funded for.

In a recent review of a Clubhouse in Michigan the reviewer interpreted dis-

counted lunch prices and subsidized social activities as "gifts" to consumers which is not allowed under Medicaid guidelines.

What this means to Genesis House members is that we need to sell lunches at actual costs and that CMH/Genesis House cannot help members with the costs of social activities (i.e. GH cannot contribute \$2.00 towards admission to a museum, movies, bowling games or any other costs associated with social activities.) The clubhouse met on June 7<sup>th</sup> to brain storm and implement changes so that we can comply with the finding while at the same time work toward making lunches and social activities as affordable as possible so that people can still get a nutritious meal and be involved in socializing in the community.

For more specific information on lunch pricing please see the Butterfly Café article on page 9.

#### GH HOSTS WEDDING SHOWER FOR MIKE AND CARA By D. Shoberg



MIKE LEAHY and his newly wedded Bride Cara were honored back in May with a reception and wedding shower here at Gene-

The two received numerous gifts and even had cake for dessert with Our Genesis

sis.

friends. Dave Sh. of course was there to give a short speech. Others were Gerry J. and Dave

St. Then Mike and Cara took a long trip and honeymoon to Italy to celebrate. Congratulations to these two fine newlyweds!



# PERSONAL SPOTLIGHTS

#### The Genesis Journal

#### **VOLUNTEERING AT O-ZONE by Jerry Hernandez**

...seeing the impact I've had has helped me as an individual. It's given me a feeling of importance and has helped remarkably with my mental illness.. Ozone house is a non-profit organization located in Ann Arbor Michigan. It provides services for youths 10 to 20 years old and their families including temporary and long term shelter, individual and family counseling, case management and an array of other programs.

The main location on Washtenaw Ave. is home to the crisis hotline where individuals such as myself volunteer our time after thorough training to handle emergency calls such as family conflict, homelessness, suicidal, and sexual assault, just to name a few. I've been working the crisis line for over a year now. My involvement in this type of work stems from my own upbringing as an inner city youth living in poverty. But the satisfaction I got from helping so many and seeing the impact I've had has

helped me as an individual. It's given me a feeling of importance and has helped remarkably with my mental illness.

There are others within different ranks of the organization that have mental illness and we've proven that we can make a positive impact on peoples lives. Getting involved and volunteering is something I encourage anyone dealing with a mental illness to do. It's a wonderful feeling.

#### HOW I STARTED A T.E. JOB! by R. David Shoberg

OF COURSE, you all already (or, some of you) know that I was employed at Work Skills Corporation for 23 years now; Unfortu-



Dave sweeping at the Trans Apartments

nately, most of my major work department got their main job outsourced over to Mexico, so we had given up the Neptune job contract. Neptune Industries had a job at Work Skills previously which I eventually did for them— inserting certain different parts into plastic bags and placing them into boxes. Not only that, but before that I was working on my Material Handling job for Plastomer— dumping scrap into the Work Skills compactor and also packing and assembling cardboard boxes and doing cleanup.

However, I applied for the position offered by CMH — Working at the Trans Apartment buildings as a cleaning employee. I went first and got a physical and passed with no problem. My starting date for employment was actually Tuesday, May 29 and I want to tell you all that I couldn't Really be any happier than I am now!!!!



Dave gets congratulated on his first CMH paycheck!

#### Page 4

# **CREATIVE WORKS**

#### Volume Issue I

Enjoy poetry

by spotlighted

**Genesis House** 

writer

Mattie Graham

#### Birds of Song by Mattie Graham

Sometimes the Sand Bird leads one away To shelter and protect the young from prey In the hour of challenge we too must become A bird of passion comforted by one

> Therein rests the Dove Traveling afar whistling a trill Loyal warrior perched upon a sill Storms endured healing love

Spring song bird returns to Michigan Light blue eggs she lays while torrent rains come again Robin Red breast knight in vest Shining plumage robust crest

Weather bird Sparrow Soulful wings, beauty within, champion arrow Survival continues; despite cold winds, snow and rain Visitor to the shut-in and those caught in pain

God's gentle blessings presented in song Weather Bird kingdom granted to all Wings of beauty gliding gently along Caroling chirps heralding spring for the passing of fall



#### BOUGHT WITH SILVER -Dave Shoberg

SILVER IS like a wintry spring It is like, for instance, a dab Of ice on a wet February morning. ...anyway, Did you know That it is also shaped like an Olympic Medal????.... Silver is more precious than gold, It is a blessed priority. It is special. PASS IT ON.

#### Words of Wisdom from Bea Eldridge

Family is important. Take care of them- someday you may have to have someone take care of you.

Worm's don't have feelingsjust pinch off a piece and put it on the hook.

If your child fixes dinner, just eat it, one meal won't kill you.

ICE CREAM: Ice cream's origins date back as far as the second century B.C. Alexander the great King Solomon and Nero Claudius Caesar were all fond of flavored snow and ice.

Female inventor Nancy Johnson came up with the handcranked ice cream freezer in 1846.

About 8% of all U.S, milk produced is used in ice cream produced.

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# **CLUBHOUSE NETWORK NEWS**

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The Genesis Journal

#### DREAMS UNLIMITED HOSTS OPEN HOUSE by Donna C., Bea E., and Claudia G.



Raimee, Fred C., Claudia, Bea, Lee, Mike, and Donna on June 8 went to the Dreams Unlimited open house & their

new clubhouse. Dreams Unlimited

clubhouse is located in Royal Oak. They showed us around and we met some of the members. After the tour they had food for everyone. They really had a nice Clubhouse. The members who gave the tour were very friendly, and they made us feel welcome.

The Kitchen unit was big and organized. The Clerical unit was very organized with several sections. They had a nice director's office and Employment unit area; they even had a Xerox room. They have a little place there that they sell used clothes, so if the members need some they could get it at a good price, including clothes for work. This is nice to have. We feel we got some great ideas. Events and tasks were on a white bulletin board, with names and members and tasks.

They are doing a great job at Dreams. The members & staff fixed all the food: now this is working together, this is very important to a clubhouse. The building is big and they have a really nice set-up. After they are there awhile they will have everything set where they want it to

be. They are so proud. Thanks to Dreams Unlimited for having us. Keep up the good work, hope to see you all soon.

#### Study- Helpful Characteristics of the Psychosocial Clubhouses by Lisa S.

The Michigan Dept. of Community Health and Esther Onaga, Sara Timmons, Deborah Salem, Marsha Carolan, and Tiffeny Jimenez did a research project on "How are members helped by their involvement in the clubhouse?" They interviewed 20 Genesis House members and 5 staff for this study.

Sara Timmons presented the findings to Genesis House on June 5th. Some of their findings were:

Social support is an important element in the emotional, physical and mental wellbeing of individuals with serious mental illness who are often isolated and stigmatized due to their illness. Psychosocial clubhouses offer lower cost options for providing community supports for persons with mental illness.

A semi-structured, open-ended protocol was used to explore 5 areas: 1) demographics, 2) participant's story of their mental illness, 3) experience of social support, 4) experience of clubhouse involvement and 5) recovery process.

The research showed that Genesis House provides a safe setting for individuals with mental illness to engage in the process of recovery. The clubhouse 1) facilitates positive personal relationships, 2) positive personal growth ,3) and clarity of structure and flexibility.



MSU researcher Sara Timmons presents the findings to GH

#### WALK A MILE by Claudia

The annual Walk a Mile in My Shoes was held on May 24, 2007 on the steps of the Capitol. This event drew approximately one thousand consumers from across the state. The intent of the rally is to ensure that legislators and the public are aware of the impact of mental illness.

This year, a cloth map of the State of Michigan was available for each consumer to either sign or put a thumbprint on as recognition for participating in the event. This cloth 'map' will then be displayed throughout the state at different CMH's.

Ten members from Genesis House,



Livingston County's Clubhouse, attended. Claudia, a member of Genesis House was Livingston County's representative and presented a statement on the steps of the Capitol:

My name is Claudia Gillenwater. I live in Livingston County and I have struggled with mental illness for 30 years. I am very concerned that the proposed reduction to Medicaid will affect the services that have helped me so much. The services that I receive from CMH and especially the Clubhouse are the best that I have experienced in my 30 year struggle. It has helped to stabilize my disease. I am happier, healthier

and more accepted by my community.

Walk a mile in my shoes.

#### Volume 14, Issue 2

#### **MEMBERS ADVOCATE AGAINST STATE BUDGET CUTS**

By Joe S. and Claudia G.

The State had proposed a 6% reduction on Medicaid services. Genesis House members wrote letters to their representatives and to the Governor. Most representatives sent responses back to members.

Joe Shannon said, "I was surprised to receive responses from everyone I wrote to. They covered the topic I was talking about, not just form letters."

Bea Eldridge, Joe Shannon, Claudia Gillenwater, and Russ Ackles wrote to the representatives. Bea Eldridge said she was "thankful for her letter being read and also surprised they responded."

The 6% reduction act didn't go through. Of course, the representatives took many factors into consideration when making their decision, and we know that our letters played only a small part. Nevertheless, it was nice that we were taken into consideration and it is a good reminder that a few people who care can make an impact.



Joe and Claudia pose with the letters they received back from their representatives.

#### CLUBHOUSES HIGHLIGHTED IN "SCHIZOPHRENIA DIGEST" By Marta Rossi

"lust belonging somewhere has measurable positive effects on well being, mental, physical health & the body's bio chemistry."

As taken from the Spring 2007 edition of "Schizophrenia Digest"

Clubhouses: The hottest trend in Recovery

There are hundreds of formally established psychosocial Clubhouses around the world, many sanctioned by the ICCD & other that function independently & are driven more by the unique needs of their local community. All share an emphasis on peer support

with different degrees of professional involvement. Clubhouses are founded on the realization that recovery from serious mental illness must involve the whole person in a vital & culturally sensitive community.

ICCD's mission statement says: "A clubhouse community offers respect, hope, mutuality & unlimited opportunity to access the same worlds of friendship, housing, education & employment as the rest of society.

Clubhouse members worldwide applaud the Fountain House model which alone has served more than 16,000 people since it originated. Their programs & partnerships originate in work units that bring members & staff together to develop & operate a particular activity. Just belonging somewhere has measurable positive effects on well being, mental, physical health & the body's bio -

#### chemistry.

The very first Clubhouse is Fountain House. It opened in New York City in 1948 by a group called "We are not alone" (WANA). It is a residential community for men & women who had histories of psychiatric illness. Fountain House was also the first to create a Clubhouse in which members & staff work together side by side to enhance the smooth operation for the Clubhouse.

I hope that Genesis House will serve as many people as possible. That's our goal.

#### The Genesis Journal

# HUMOR

wrong lane.

looks like one.

ond per second.

ing arrest.

back.

As quoted from come-

Whenever everything is com-

It's not an optical illusion. It just

Always borrow money from

The speed of time is one sec-

I was once arrested for resist-

pessimists. They don't expect it

dian Steven Wright

ing your way, you're in the

#### Page 8

"Always borrow money from pessimists. They don't expect it back."

#### JOKES: Researched by Joe S.

My father was a small claims court jester.

What's the youngest you can die of old age?

I have a fax machine with "fax waiting".

It doesn't matter what temperature the room is, it's always room temperature.

I planted some bird seed. A bird came up. Now I don't know what to feed it.

I was skydiving horizontally.

I'm not afraid of heights. I'm afraid of widths.

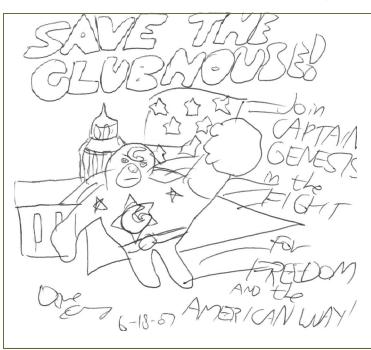
If toast always lands butter-side down, and cats always land on their feet, what happen if you strap toast on the back of a cat and drop it?

On my walls I have pictures of the rooms on the second floor, so I never have to go upstairs.

I bought some dehydrated water, but I don't know what to add to it.

I invented the cordless extension cord.

#### **CAPTAIN GENESIS by David Shoberg**



-Captain Genesis makes a trip to the Capital for some advocacy!

#### July Weather Predictions By Dane Russell

Brought to you by The Old Farmer's Almanac

July Temperature 70 Degrees (2 Degrees Below Average)

> Precipitation 4.5" (I inch above average)

> July 01-04 Showers East, Sunny West

July 05-11 Cool, Sunny East, T-Storms West

> July 12-16 Scattered T-Storms

July 17-22 Cool, rainy periods

July 23-31 HOT!!! Scattered T-Storms

# **BUTTERFLY CAFE**



Lisa S. made a very nice banner for the butterfly café. Thanks Lisa!

The Butterfly Café has been working hard this summer and are excited to share some of our recent changes!

First we would like to extend a big welcome to Melissa, our new volunteer! Melissa is a student at Albion College and spending the summer with us! She has been a wonderful addition to our team and we greatly appreciate all her help. Members state:

"She's a good worker."

"She has a good attitude."

"She's real nice to get along with and she's funny!"

**BUTTERFLY CAFÉ HIGHLIGHTS from The Team** 

With comments like these, it's easy to see that she fits our clubhouse family!

We would also like to thank Lisa S. for the beautiful cross-stitch sign that she made for our unit! We were able to hang it in a wonderful spot for everyone to see (See photo)! Please stop by the dining room to see her hard work!

Lastly, as many of you have heard, there have been some

changes in our budget as a result of the Medicaid deficit reduction act. Our new prices will be evaluated in the future to make sure we are covering our costs, so they are subject to change. The following list highlights our price changes:

Daily: Lunch \$1.50

Lunch \$1.50 Dessert \$0.50

Leftovers:

Lunch \$1.00 Dessert \$0.50 Take Home Meals: \$1.50



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Pizza, Salad, Butter Pecan Ice Cream	3 Burgers, Onion Rings, Red White and Blue Ambrosia Salad	4 Happy 4th of July Genesis Closed	5 Chef Salad, Biscuits, Pineapple Upside-down Cake	6 Mac-N-Cheese, Fish Fillets, Mint Cookies	7
8	9 Seafood Pasta Salad, Summer Squash, Rice Krispy Treats	10 Chicken Ceasar Roll-ups, Baked Lays, Chococlate Shakes	11 Raspberry Tossed Salad, Crescent Rolls, Brownie Sundae	12 Grilled Pork Chops, Mashed Potatoes, Pistachio Pudding	13 Chili Dogs, Curly Fries, Lemon Lush	14
15	16 Strawberry Waf- fles, Sausage, Fruit and Yogurt Parfaits w/ Granola	17 Honey Grilled Chicken, Macaroni Salad, Banana Split Cake	18 Meatball Stro- ganoff, Mixed Veggies, Lemon- ade Party Cake	19 Taco Salad, Spanish Rice, Chocolate Caramel Nut Cake	20 Turkey Reubens, Potato Salad, Peanut Butter Kiss Cookies	21
22	23 Meatloaf, AuGratin Potatoes, Peach Cobbler	24 spam day	25 Turkey w/ gravy stuffing, Pumpkin Brownies	26 Donna's Chicken Salad, Claudia's Cole Slaw, Dan's Banana Pudding Dessert	27 Tuna Melts, Chips, Pickles, Cottage Cheese	28
29	30 Philly Cheese steaks, Salad, Blueberry Pie	31 International Day				

# **EVENTS**

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#### CAMP IS ON LIKE DONKEY KONG! by Greg W.



We are excited to announce that camp will be on again as usual this year.

We will return to Camp Talahi from August 20 - 23. Remember that the clubhouse will be closed at that time as well as Friday the 24th.

There will be a number of activities including swimming, fishing, volleyball, crafts, euchre, hiking, squirt-gun fights, bingo, kayaking, Frisbee golf, sunbathing, basketball, karaoke, and camp fires with hobo pies and s'mores.

Forms are currently available for those who wish to come. Remember that you will need to fill out emergency contact information as well as a list of medications. Forms are due on August 1st, but please submit sooner if you are able.

Members can sign up for either day camp only or for overnight. Breakfast, lunch, and dinner will be provided. The cost is \$10.

It promises to be another exciting year at Camp Talahi so sign up in the Clerical Unit today!





# **July Events**

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
1	2	3	4 Closed be- cause of Holiday	5 Recipients Rights Lunch Visit	6	7	
8	9 4:30 Employment Dinner	10 Lunch Presenta- tion on Employ- ment Practices	11	12 1:00 House Meeting 3:00 Movies/ Shopping	13 2:30 Schizophre- nia Anonymous	14	
15	16	17 MAC Camping	18 MAC Camping —>	19 1:00 House Meeting 3:00 Fowlerville Fair	20 2:30 Schizophre- nia Anonymous	21 10:00 Ann Arbor Art Fair	
22	23 4:30 Employment Dinner	24	25	26 Consumer Conference; MSU Tour and Dairy Store 3:00	27 2:30 Schizophre- nia Anonymous	28	
29	30	31 International Day	Please note that Genesis House can no longer contrib- ute towards the cost of social activities. For more info, see the Deficit Reduction article on page 3.				

#### GENESIS HOUSE A place to grow

A clubhouse offering opportunities for adult psychosocial rehabilitation under the auspices of Community Mental Health Services of Livingston County

501 W. Grand River Fowlerville, Michigan 48836 (517)223-1393 Fax: (517)223-1398 genesishouse@cablespeed.com



<u>Work-Ordered Day</u> <u>Hours</u>: Monday through Friday 8:30 - 4:30

Social Activities: Thursdays after 3:00 except for one week per month when we have a Saturday activity instead of a Thursday activity

#### Transitional Employment

<u>Placements</u>: Monday through Friday (hours vary from placement to placement)

<u>Workshops & Support</u> <u>Groups</u>: Health Workshop 12:30, 2nd Tuesday Schizophrenics Anonymous 2:30, Fridays

Affiliations: Michigan Assoc. of Clubhouses (MAC) International Center for Clubhouse Development (ICCD) United States Psychiatric Rehabilitation Assoc. (USPRA)

#### A few words about Genesis House . . .

Since 1994 Genesis House has been dedicated to providing a community based, restorative environment for adults of Livingston County recovering from major mental illness. As with any other voluntary organization, we depend on the work and abilities of our membership to complete the daily work necessary for making the organizational mission effective. Genesis therefore emphasizes and builds on members' strengths and abilities, not member's symptoms. In doing so, members' psychosocial rehabilitation is not so much a result of being served by the program as it is the result of being partners in its operation.

Approximately 180 adults have joined Genesis House over the years for the opportunities that its "partnership in club operation" provides for personal growth and improved lives—opportunities for members to increase their independence, self-advocacy, community & natural supports, employability, education, recreation, relationships, self-esteem and self-confidence—opportunities for growth which all citizens of our society desire, but which persons with major mental illnesses often find either difficult to access or outright discouraged from participating in.



#### SPECIAL THANKS To the following Genesis House members, friends & staff who were instrumental in the production of this 117th volume of *The Genesis Journal*

#### Copier & production assistant Lisa Everton

#### **Special contributors**

Mattie G., Lisa S., Dave Sh., Bea E.., Karen H., Lee K.., Mike L., Ad C., Jerry H., Jaime M., Marta R., Claudia G., Donna C., Dane R., Joe S., and LeRoy Chips

**Copy Editors:** Donna C., Lee K., Greg W., and Joe S.

> IT Support John Heinlein

. . And special thanks, as well, to the entire  $% \left( {{{\mathbf{r}}_{i}}} \right)$ 

#### **GENESIS HOUSE**

Community which provides us all with A Place to Grow !

#### Page 11

Place Place

# The Genesis Journal

"A Place to Grow" 501 W. Grand River Fowlerville, MI 48836

# **SuoH** sisanað

## People love the new format! Here are some E-mails from our supporters...

Wow! That's all I can say! What a beautiful, elegant and professional newsletter. This is really, really amazing! The pictures are great, the layout is great and the stories are great. Please extend my congratulations to the GH clerical unit (especially LeRoy Chips). Great, great job!

John Heinlein, IT Coordinator for Livingston Co. CMH

#### Hi Genesis!

Beautiful job on the new journal format! Kudos to members and staff who put this together, and thanks for sending. Juli Wilson, A Place Of Our Own Clubhouse

Congrats! Very nice newsletter. -Your friends at Heartland House

#### Lee,

Please relay this congratulatory note to your Clerical Unit. I just finished reading your newsletter and thought it was just great! The articles, photos, and other pieces give the reader a really good sense about your Clubhouse. I found it to be an informative, enjoyable read! The layout, content and graphics really indicate you guys put a lot of hard work into this. Congratulations on getting it completed electronically! -Jack Yatsko, Director of Training for the ICCD

I did check out the Genesis Journal....very impressive!! Jody Bucholz, Ross Education/ MI Works!

Your newsletter is really nice. We don't know how to put ours into an electronic version, but we want to. Sue Shimon, Executive Director Wilpower Inc.

The newsletter looks great too...thanks! Sue Parcheta, Reporter for Fowlerville News and Views The new journal format is so awesome!!!! It really looks great, professional, and as always the content is amazing! I'm happy for the clerical unit and the clubhouse! Amy Burton, former GH employee

WOW, WOW & WOW. What a neat newsletter. I loved the "flat feet" duck/elephant joke - gave me an afternoon chuckle. You guys did an awesome job. Suz Suzanne Valenti, P.E.M.

Health & Safety Officer/Training

Genesis House Members -- Congratulation on your new format -- It's fantastic! -- Larry Newberg, Associate Director of CMH

#### Hi Lee and the entire gang at Genesis!

I just finished reading your "Electronic Newsletter" at it was AWE-SOME!!! I truly believe that it is much more personable and enjoyable to read due to the very cool colored pictures and warm smiling faces under each article. Such a nice touch! It's always great to get all the scoops of the very neat and exciting happenings at good ol' Genesis! Thanks so much for your hard effort and getting the newsletter out to us all by computer. So very cool! Way to go G.H.!!

Laura S. :-), CMH employee and long-time GH supporter

Wow- this is impressive Kathy Dettling, CMH Program Director: MI-A Services

The new electronic journal is SO impressive! I am totally wowed by it. Great format, super articles and lots of group contribution. It's interesting that the group could take something so good already and jump up another level in quality. Please share with the members that it's awesome! -Diane Heinlein,

CMH Program Coordinator: Dual and Older Adult Services